

Spur High School

9-12 Lunch Menu



FEBRUARY

2017

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken parmesan Garden salad breadsticks Or Pulled pork sandwich Multi-grain chips Coleslaw Savory green beans Apple slices Milk Variety	2 Tex mex stack Or Chicken fajitas Spanish rice Lettuce tomato Refried beans Salsa Tiny tomato cup Hot cinnamon applesauce Milk Variety	3 Hamburger Cheeseburger Garnish Or Pig in a blanket Oven fries Fresh veggie cup Orange smiles Milk Variety
6 Chicken sandwich Oven fries Or Xtreme burrito Salsa Seasoned corn Fresh veggie cup Lettuce & tomato Garnish Mandarin oranges Milk Variety	7 Pizza choice Or Hot dog Corn chips Baby carrots Crunchy broccoli salad Fresh grapes Cookie Milk Variety	8 Corn dog & tots Or Stuffed baked potato Roll Baked beans Broccoli bites Apple-pineapple D'lite Milk Variety	9 Nachos grande Refried beans Salsa Lettuce and tomato Garnish Or Grilled cheese Soup Cucumber dippers Tiny tomato cup Pears Sherbet Milk Variety	10 Country pot pie Or Salisbury steak Biscuit Brown gravy Roasted potatoes Garden salad Fruity gelatin Milk Variety
13 Teriyaki beef sliders Baked potato chips Or Texas chili Cornbread Broccoli bites Tiny tomato cup Orange smiles Milk Variety	14 Spaghetti bowl Breadsticks Or French bread pizza Garden salad California blend Sliced peaches Chocolate pudding Milk Variety	15 Mexican combo Spanish rice Or Chicken quesadilla Mexicali corn Charro beans Salsa Lettuce and tomato Cinnamon applesauce Milk Variety	16 Steak fingers Country gravy Or Breaded pork chop Brown gravy Roll Mashed potatoes Carrot coins Strawberries & bananas Milk Variety	17 Popcorn chicken Roll Or Sloppy Joe sandwich Oven fries Cucumber dippers Fresh fruit Cookie Milk Variety
20 NO SCHOOL	21 Pizza choice Or hamburger Cheeseburger Garnish Oven fries Baby carrots Mixed fruit Milk Variety	22 Fish strips Texas toast Or Bbq on a bun Coleslaw Pinto beans Orange smiles Milk Variet	23 Chicken alfredo Tuscan veggies Breadsticks Or Texas basket Carrot coins Apple slices Cookie Milk Variety	24 Hot ham & cheese Pretzel sandwich Or Asian bowl Eggroll Tomato cucumber cup Garden salad Snowball salad Milk Variety
27 Hamburger Cheeseburger Garnish Or Corn dog Oven fries Baby carrots Sliced peaches Crispy cereal treat Milk Variety	28 Chicken nuggets Mac & cheese Savory green beans Or Asian stir fry Flat bread Broccoli Apple slices Milk Variety			

ALL SALADS ARE SERVED AS A UNIT

Mondays:

Chef Salad

Tuesday:

Crispy Chicken Salad

Wednesday:

Santa Fe Salad

Thursday:

Chicken Salad

Friday:

Chicken Fajita Salad