

The SHEAC met in the cafetorium at 5:30 p.m. 4-17-2008 with 13 members present. Members were welcomed by Marcella Bilberry. First on the agenda was the Health and Nutrition Expo last November where 7 students from high school and 2 adults, Marcella Bilberry and Laurie Hinson attended. The Ice D'Lite product being used for Friday store was sampled at the expo. It meets all requirements for Foods of Minimal Nutritional Value recommendations. No other products are sold at Friday store at this time.

The Healthy and Wise curriculum was voted on for P.E. for 6-8 grades. It was picked from CATCH and The Great Body Shop.

The 5th grade class had a petition with 112 names on it requesting some changes in the cafeteria. Trudy McArthur, Marlana Sanchez, and Connie Diaz representing cafeteria. Some requests that were made: ketchup with corndogs (ketchup has lots of sugar in it), butter on baked potatoes (potatoes are served with melted cheese and meat, butter not needed), syrup with waffles (teachers requested that syrup not be used because of mess), a choice of salad dressings on salad bar, cheese for hamburger (number of fats counted for week, cheese is a fat, not likely). Trudy explained that she has to follow USDA guidelines and she will try to speak to the 5th grade class herself.

Other item discussed was the sex education for the freshmen that we have not had. It was suggested that we teach it in middle school and not wait till 9th. The problem is getting someone to teach it, Mrs. Howell, health teacher... I will speak with Mrs. Howell and see if we can get something for definite for next year.

Council would like for us to do the 5-A-Day that we did last year when parents came and served fruits and vegetables to the students. There is no more money for this in

the cafeteria fund at this time. Misti Castillo to see about getting a donation from United grocery store in Post and also the Wind Farm in McAdoo. We will try to do this before school is out this year.

Meeting adjourned at 6:30 p.m...

Marcella Bilberry