

**SHEAC-CATCH MINUTES**  
**11-14-2007**

**The School Health Education Advisory Council and Coordinated Approach to Child Health committees met in the cafetorium at 5:30 p.m. with 6 members present. Everyone was welcomed by Marcella Bilberry, school nurse. We first discussed the Local Wellness Policy which is in place. It was designed to influence childhood health, to work with PE program and cafeteria to curb childhood overweight epidemic and create an environment for healthy lifestyle choices.**

**The 2007 Health and Nutrition Expo is Dec. 6, 2007 at the Civic Center in Lubbock. I would like to take some students and SHAC members were interested in going also. Student educational sessions and exhibits will be there.**

***Healthy and Wise* material given to SHEAC members to review for PE curriculum for middle school, this has to be decided on for school year 2008.**

**We discussed HIV/AIDS program for the middle school and high school and getting Ed Ainsworth and inviting Guthrie again to talk to our kids about abstinence. We will be getting a dating violence curriculum and will see what age groups it is recommended for and present it this year also.**

**We would like to do the 5-A-Day in January like we did last year with moms coming to the school and serving the kids fruits and vegetables. Trudy McArthur will have to see if we have the funding and get it approved.**

**December 2-8 is National Hand Washing Awareness Week. I will do some teaching on hand washing and spreading germs.**

**Meeting adjourned at 6:40 p.m.**

**Marcella Bilberry**